

# TALK TO STARS BEREAVEMENT SUPPORT FOR THE YOUNG

## MODEL OF CARE

### INITIAL ASSESSMENT

A full understanding is gained of each family members perspective of the bereavement, which includes looking at the family history of bereavement, individual coping strategies, the significance of the individual who died within the family, type of death, involvement at time of death, at funeral. Individual understanding of death & the bereavement they have experienced, & the effect that this death has had on them, both as an individual & as a family. The wider picture, such as schools, extended family, peers.

### PLAN OF CARE

A plan of care will be devised taking all of the above into account & delivered over a specific timescale, with identified outcomes or needs.

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## IMPLEMENTATION

Support is delivered over 8 sessions. Children work a lot quicker through their grief than adults do, which is why outcomes are achievable in a relatively short space of time. When & where is negotiated with the family at initial assessment.

## CONTACT US

Bereavement Support Co-Ordinator  
Call Stars: 07827 743497  
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## EVALUATION

A review of work in progress takes place around session 4/5 with the whole family; achievements noted & concerns raised. The plan may well then be re-negotiated possibly to look at different outcomes or needs. With the final evaluation at session 8. If further needs are identified this is renegotiated with the family & a further plan of care is developed.

The family are offered an 'extended warranty' where by they can come back to the service at any point in the child's future if they need further support. As children progress through developmental stages a significant bereavement may present them with issues that they need support for, the warranty is in place for this reason.